



# TRAINING SCHEDULE

for adults

## Week-end Tennis & Brunch

Get some tennis training and enjoy a 5% discount on your brunch a la carte, (brunch is served between 9 a.m. to 3 p.m.)

Level	Program	Time schedule	Pricing
<b>Adults beginners mixed</b>	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Sat 9 a.m. & 4:30 p.m. Sun 10 a.m. & 3:30 p.m. (1H30 class)	460K/player/class
<b>Women beginners</b>	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Saturday 8 a.m. Sunday 10 a.m. & 3 p.m. (1H class)	330K/Player/Class
<b>Adults intermediate advanced</b>	Consistency, Control and power keep improving technic Serve, rally and play	Sat 10 a.m. (2H class)	600K/Player/Class
<b>Adults pro-level</b>	Free hitting, consistency drills match play (no coaching, balls provided)	Sat & Sun 1 p.m. (1H30 class)	80K/Player/Class Only Invitational please request assessment

## Social Tennis & Coffee

Get 1H of tennis training + 1H of friendly tennis match + 1H of coffee (One drink a la carte)

Level	Program	Time schedule	Pricing
<b>Adults beginners mixed</b>	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Sat 8 a.m. & 1 p.m. Sun 1 p.m.	430K/player/session 2H tennis + 1H coffee
<b>Adults intermediate advanced</b>	Consistency, Control and power keep improving technic Serve, rally and play	Sat 1 p.m. Sun 2 p.m.	430K/player/session 2H tennis + 1H coffee

for kids

### Week end tennis school programs for kids. 330K Vnd / Hour / Player

Age	Program	Balls	Time schedule	Court
<b>5-8 years old</b>	Discovery Level 1	Red balls	Sat & Sun 8 a.m. (1H class)	1 court
<b>6-9 years old</b>	Progressive Level 1 & 2	Red balls & Orange balls	Sat & Sun 8 a.m. (1H class)	1 court
<b>8-10 years old</b>	Progressive Level 3	Green balls	Sat & Sun 9 a.m. (1H class)	1 or 2 courts
<b>9-13 years old</b>	Intermediate Junior	Regular balls	Sat & Sun 9 a.m. (1H class)	1 or 2 courts
<b>10+ years old</b>	High Performance Junior	Regular competition balls	Saturday 10 a.m. (2H class)	1 to 3 courts

### Sunday tennis camps for kids (every last Sunday of the month). 1.6M Vnd / Player all included

Time	Program
<b>8H00</b>	Drop off kids
<b>8H15</b>	Tennis training program starts
<b>9H45</b>	Snack time (Fruits)
<b>10H15</b>	Mini tennis tournament
<b>11H45</b>	Lunch Time (Main dish of the day - Vegetables - Yogurt - Drinks) & Resting time.
<b>12H45</b>	Multi sports activities, games and fun
<b>14H15</b>	Afternoon tennis training
<b>15H45</b>	Snack time (Crepe or Waffle...)
<b>16H15</b>	Pick up

**tennisfansleague**  
ACADEMY

FOR BOOKING & INFORMATION PLEASE  
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