



TRAINING SCHEDULE

for kids

Week end tennis school programs for kids. 330K Vnd / Hour / Player

Age	Program	Balls	Time schedule	Court
5-8 years old	Discovery Level 1	Red balls	Sat & Sun 8H a.m. (1H class)	1 court
6-9 years old	Progressive Level 1 & 2	Red balls & Orange balls	Sat & Sun 8H a.m. (1H class)	1 court
8-10 years old	Progressive Level 3	Green balls	Sat & Sun 9H a.m. (1H class)	1 or 2 courts
9-13 years old	Intermediate Junior	Regular balls	Sat & Sun 9H a.m. (1H class)	1 or 2 courts
10+ years old	High Performance Junior	Regular competition balls	Saturday 10H a.m. (2H class)	1 to 3 courts

Sunday tennis camps for kids (every last Sunday of the month). 1.6M Vnd / Player all included

Time	Program
8H00	Drop off kids
8H15	Tennis training program starts
9H45	Snack time (Fruits)
10H15	Mini tennis tournament
11H45	Lunch Time (Main dish of the day - Vegetables - Yogurt - Drinks) & Resting time.
12H45	Multi sports activities, games and fun
14H15	Afternoon tennis training
15H45	Snack time (Crepe or Waffle...)
16H15	Pick up



TRAINING SCHEDULE

for adults

Week-end Tennis & Brunch

Get some tennis training and enjoy a 5% discount on your brunch a la carte, (brunch is served between 9 a.m. to 3 p.m.)

Level	Program	Time schedule	Pricing
Adults beginners mixed	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Sat 9 a.m. & 4:30 p.m. Sun 10 a.m. & 3:30 p.m. (1H30 class)	460K/player/class
Women beginners	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Saturday 8 a.m. Sunday 10 a.m. & 3 p.m. (1H class)	330K/Player/Class
Adults intermediate advanced	Consistency, Control and power keep improving technic Serve, rally and play	Sat 10H a.m. (2H class)	600K/Player/Class
Adults pro-level	Free hitting, consistency drills match play (no coaching, balls provided)	Sat & Sun 1 p.m. (1H30 class)	80K/Player/Class Only Invitational please request assessment

Social Tennis & Coffee

Get 1H of tennis training + 1H of friendly tennis match + 1H of coffee (One drink a la carte)

Level	Program	Time schedule	Pricing
Adults beginners mixed	Technical skills FH & BH, Serve Learn how to rally, and play Improving eye/hand/foot coordination	Sat 8 a.m. & 1 p.m. Sun 1 p.m.	430K/player/session 2H tennis + 1H coffee
Adults intermediate advanced	Consistency, Control and power keep improving technic Serve, rally and play	Sat 1 p.m. Sun 2 p.m.	430K/player/session 2H tennis + 1H coffee